It can be intimidating to ask your specialist for a liver test



Sometimes we deprioritize our own knowledge and feelings because we think specialists have all the answers. But a test is the only way to know your MASH status. **Do any of the statements below sound like something you've experienced?**

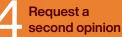
Choose the statement that feels most familiar to your experience:	There isn't enough time for me to ask my specialist questions	My specialist is the expert, so I don't like to speak up		My worries aren't a good enough reason to speak up		My specialist isn't listening to me, so I don't bother trying
	It's important to voice your concerns—this is your time with your specialist.	You know your body, and that is just as important as your doctor's expertise.		You deserve clarity and reassurance.		You should feel like your specialist has your back.
	Doctors' appointments happen so fast so you've got to speak up about testing early in the visit.	My specialist doesn't know what I'm feeling unless I share and ask questions.	66	If it gives me peace of mind then it's worth itI now know that the status of my liver should be monitored.		Push to get your liver tested for scarring. I'm glad I did because now I have answers.
	Proactively ask for a liver scarring test at the beginning of your appointment. And make sure you leave with a plan that you feel good about.	Talk openly about your health, history, and habits—this information may motivate your liver specialist to test for liver scarring.		Emphasize that you are really concerned about your liver scarring getting worse.		Express that you want a test for liver scarring so you can know your liver status. If you feel like you aren't being heard, seek a second opinion.
	"I know we have limited time—can we talk about a test for liver scarring first and identify some next steps?"	"I'm concerned that other aspects of my health might be impacting my liver. I want to test for scarring to make sure my liver isn't worse than we think."		"It's scary to me that MASH is often symptomless. I want to get a test for liver scarring because it's stressful not knowing my liver status."		"I know you want me to be as healthy as possible. I want to test for liver scarring so we both know my liver status."
MASH=metabolic dysfunction-associated steatohepatitis. Formerly called NASH (nonalcoholic steatohepatitis).						© 2025 Madrigal Pharmaceuticals, Inc. All rights reserved. US-PP-DS-00324 04/25

Don't take NO³³ for an answer.

Ask why they don't recommend a liver test 2

Have your testing request added to your medical record

Bring a friend or family member to support you



Your guide to getting a test for liver scarring

Your fatty liver disease could actually be MASH. Left unchecked, MASH can lead to irreversible scarring. A test for liver scarring is the only way to know. This Test Request Guide is a step-by-step guide to help you work with your specialist to put a liver testing plan into action.

1	Ask for a test for liver scarring	Notes:		
	When you ask, also let your specialist know if you have other health factors associated with liver disease, including type 2 diabetes, high blood pressure, high triglycerides, or abnormal cholesterol levels.			
2	Ask your specialist which test is best for you	Notes:		
	Tests for liver scarring may include imaging tests such as FibroScan®, blood-based tests such as FIB-4 or ELF, or a liver biopsy.			
3	Identify where your test will take place	Notes:		
	Depending on the type of test your specialist recommends, you may be able to receive it at your specialist's office. However, some tests may require going to a lab, a hospital, or other type of facility.			
4	Schedule the test or get a referral	Notes:		
	If the test will be conducted in the specialist's office, schedule it before you leave. If the test needs to be done in a different facility, such as a lab or hospital, make sure you know what steps need to be taken to make the appointment.			
5	Clarify the steps after testing	Notes:		
	Find out how you will receive your results and who will review them with you. If you are diagnosed with liver scarring, make sure you have a liver specialist who can help manage your condition.			
	ELF=enhanced liver fibrosis; FIB-4=Fibrosis-4; MASH=metabolic dysfunction-associated steatohepatitis. Formerly called NASH (nonalco	holic steatohepatitis).		

Take a screenshot or print this out and bring it to your next appointment.

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